

## OUR GUARDIAN OUR ANGEL

An Initiative by Planet Solace for Parents

Sometimes parenting is tough and challenging...
And for those times we need someone to help us!

Understand your child and their needs better with us...



Dear Parents, join us and share your problems with qualified mental health professionals.

Join the group sessions to learn more about the challenges and developmental tasks associated with childhood and adolescence.



Find out more about how to deal with parenting issues and recognise behaviour issues early on.

## WE ARE HERE FOR ALL THE PARENTS WHO ARE STRUGGLING WITH SOMETHING OR SIMPLY WANT TO LEARN MORE...



## **Contact Us:**

9433653834/9830702853

42, HA BLOCK, GROUND FLOOR, SALT LAKE, SECTOR III, KOLKATA- 700097

